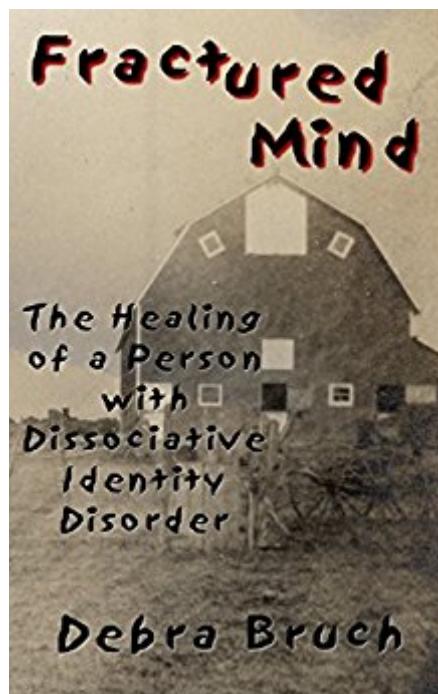


The book was found

# Fractured Mind: The Healing Of A Person With Dissociative Identity Disorder



## Synopsis

Winner of the 2016 eLit Awards: Silver in Psychology/Mental Health. *Fractured Mind: The Healing of a Person with Dissociative Identity Disorder* chronicles the healing process of a person suffering from DID. The disorder happened due to a long sustained period of traumatic violence during childhood. The book depicts the working of the subconscious and how it reveals itself layer upon layer from the surface of the subconscious to its depth. With hope and the support of amazing people, and at times the teaching and intervention of God, angels, and the Holy Spirit, a reformation of the psyche takes place. This book is a witness of the living Christ. The story tells of a journey of healing. Warning: this book is for adults only due to explanations of sexual and physical violence causing dissociation at an early age. Helped by intensive psychological therapy, Debra's subconscious peels away layer by layer, revealing horrific trauma caused by her parents at a very young age. Due to the trauma, Debra has been unable to overcome serious fears and beliefs about herself and her world. Her damage was so severe, the foundation of her psyche had to be remade. Because of the nature of DID having been formed during the violence, she has been "stuck in the trauma" and unable to process and change without professional help. But process she did through a great deal of emotional pain and physical discomfort. *Fractured Mind: The Healing of a Person with Dissociative Identity Disorder* also describes an unusually close relationship with God and what Debra calls the "Other Realm." The story witnesses the love and comfort of God, but it also tells of God's wisdom and justice. Debra brings her relationship with her God to life in the book and that relationship seems as real as any relationship with a loving, guiding, parent. Debra writes a narrative throughout the book, but the main writing style is an email dialogue between her, her "parts", and Bruce. Bruce's wisdom and spiritual understanding lend an amazing perspective on the struggles of healing from violence. Bruce's writing is a testimony of unconditional love, kindness, and dedication to the health of a person. He exemplifies a true friend. *Dissociative Identity Disorder* is not a mental illness, but a disorder. Because her mind fractured, she has been able to live in society very successfully. Many people with DID are successful professionals, and Debra is no exception. But the healing has released her of her trauma. She is no longer bound by trauma.

## Book Information

File Size: 2609 KB

Print Length: 481 pages

Publisher: Bruwicked Productions; 2 edition (October 4, 2015)

Publication Date: October 4, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B0166XI9QG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #188,915 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #26 in Books > Health, Fitness & Dieting > Mental Health > Dissociative Disorders #144 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental Health > Sexual Abuse #235 in Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder

## Customer Reviews

This is an excellent book, as much a documentary as an autobiography, because the author has included as a major part of the book her actual e-mail correspondence with one of her mentors. I've known several people with DID, and read other books, and this is one of the best books in this genre. I couldn't put it down. It's also a personal testimony in addition to being autobiographical, because it includes Dr. Bruch's description of her relationship with God and how that facilitated her healing. That was helpful to me.

Well organized and easy to follow, tragic and inspiring all at once. Dr. Bruch described a childhood that fractured her mind, and takes the reader on a journey towards acceptance, faith, and healing. Bravo!

Wow. Traumatic. Still in process of digesting the personnas and the time jumping. Very intense, amazing that Debra survived the abuse sustained in her early childhood!

[Download to continue reading...](#)

Fractured Mind: The Healing of a Person with Dissociative Identity Disorder Deep Thoughts of Inner Self: What Is Multiple Personality Disorder, How to Tell if You Have Multiple Personality Disorder or Dissociative Identity Disorder, Introverts and Extraverts Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive

Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery) Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety A Fractured Mind: My Life with Multiple Personality Disorder Dear Little Ones: A book about Dissociative Identity Disorder for young alters Breaking Free: My Life with Dissociative Identity Disorder The Tears Will Cease.: Learning to Live with Dissociative Identity Disorder (The Tears Will Cease Book and Workbook) (Volume 1) Understanding and Treating Dissociative Identity Disorder: A Relational Approach (Relational Perspectives Book Series) Dissociative Identity Disorder - The Basics About Multiple Personalities from a Christian Perspective The Sum of My Parts: A Survivor's Story of Dissociative Identity Disorder Why, Mommy, Why: Dissociative Identity Disorder Recovery Becoming One: A Story of Triumph Over Dissociative Identity Disorder Assessment and Treatment of Dissociative Identity Disorder Recovery is my best revenge: My experience of trauma, abuse and dissociative identity disorder (Collected Essays Book 1) Recovery is my best revenge: My experience of trauma, abuse and dissociative identity disorder (Collected Essays Book 2) Dissociative Identity Disorder: Diagnosis, Clinical Features, and Treatment of Multiple Personality (Wiley Series in General and Clinical Psychiatry) Amongst Ourselves: A Self-Help Guide to Living with Dissociative Identity Disorder Got Parts? An Insider's Guide to Managing Life Successfully with Dissociative Identity Disorder (New Horizons in Therapy Book 1) Disorder in the Court: Great Fractured Moments in Courtroom History

[Dmca](#)